District Wellness Committee
Meeting Minutes6.21.2023
12:30-3:30 pm

**DRAFT Charge:**

1. To review and make recommendations regarding implementation of and updates to the district wellness policy ([Policy JLCF Wellness](https://www.pelhamsd.org/Downloads/JLCF%20-%20Wellness.pdf)).
2. To set specific measurable goals for nutrition promotion, education, and physical activity.
3. To evaluate the achievement of those goals.

**Members**

1. Tom Babaian School Administrator PHS (co-chair)
2. Katie Boswell  Health Teacher PMS
3. Sam Kowal PE Teacher PES
4. Chip McGee District Administrator DIS (co-chair)
5. Zach Medlock School Administrator PMS
6. Joanne Morrison School Nurse PMS
7. Taryn Temmallo Nutrition Director DIS
8. Katie Ralls FACS Teacher PMS

**Agenda June 21**

1. **Assessment Review**
	1. Health Education
		1. PHS - Silver
		2. PMS - Silver
		3. PES -  Gold
	2. Policy
		1. PHS - N/A
		2. PMS - Bronze
		3. PES - Bronze

		Establish School Wellness Committee for PHS
	3. School Meals Programs
	i.. PHS - Gold

ii. PMS - Gold

iii. PES -  Gold

1. Competitive Food & Beverage
i. PHS - Gold (Food rewarded at reward/reinforcement for students)
ii. PMS - Gold (Food rewarded at reward/reinforcement for students)
iii. PES - Gold

1. Physical Activity
i. PHS - Silver
ii. PMS - Bronze
iii. PES - Gold (Safe walk and biking to school)

More consistent with physical activity breaks : provide staff with a list of ideas?
2. School Employee Wellness
i. PHS - N/A (Will implement school wellness committee)
ii. PMS - Silver
iii. PES - Silver
3. Physical Education
i. PHS - Gold
ii. PMS - Gold
iii. PES - Gold
4. Before and After School Programs
i. PHS - N/A
ii. PMS - Bronze
iii. PES - Gold

BSRC for PMS and PHS after school community program - does this meet the criteria?

**Next meeting date for SY23-24**: November 20, 2023 at 3:30-4:30pm.