District Wellness Committee  
Meeting Minutes6.21.2023  
12:30-3:30 pm

**DRAFT Charge:**

1. To review and make recommendations regarding implementation of and updates to the district wellness policy ([Policy JLCF Wellness](https://www.pelhamsd.org/Downloads/JLCF%20-%20Wellness.pdf)).
2. To set specific measurable goals for nutrition promotion, education, and physical activity.
3. To evaluate the achievement of those goals.

**Members**

1. Tom Babaian School Administrator PHS (co-chair)
2. Katie Boswell  Health Teacher PMS
3. Sam Kowal PE Teacher PES
4. Chip McGee District Administrator DIS (co-chair)
5. Zach Medlock School Administrator PMS
6. Joanne Morrison School Nurse PMS
7. Taryn Temmallo Nutrition Director DIS
8. Katie Ralls FACS Teacher PMS

**Agenda June 21**

1. **Assessment Review**
   1. Health Education
      1. PHS - Silver
      2. PMS - Silver
      3. PES -  Gold
   2. Policy
      1. PHS - N/A
      2. PMS - Bronze
      3. PES - Bronze   
           
         Establish School Wellness Committee for PHS
   3. School Meals Programs   
      i.. PHS - Gold

ii. PMS - Gold

iii. PES -  Gold

1. Competitive Food & Beverage   
   i. PHS - Gold (Food rewarded at reward/reinforcement for students)   
   ii. PMS - Gold (Food rewarded at reward/reinforcement for students)   
   iii. PES - Gold

1. Physical Activity   
   i. PHS - Silver   
   ii. PMS - Bronze   
   iii. PES - Gold (Safe walk and biking to school)   
     
   More consistent with physical activity breaks : provide staff with a list of ideas?
2. School Employee Wellness   
   i. PHS - N/A (Will implement school wellness committee)   
   ii. PMS - Silver   
   iii. PES - Silver
3. Physical Education   
   i. PHS - Gold   
   ii. PMS - Gold   
   iii. PES - Gold
4. Before and After School Programs  
   i. PHS - N/A    
   ii. PMS - Bronze   
   iii. PES - Gold

BSRC for PMS and PHS after school community program - does this meet the criteria?

**Next meeting date for SY23-24**: November 20, 2023 at 3:30-4:30pm.